

SOFT CABLES ARMWARMERS

SIMPLE CABLED ARM-WARMERS



A DESIGN BY
LAMAIISONRILILIE

PATTERN COPYRIGHT LAMAIISONRILILIE © 2013
THE PATTERN IS FOR UNLIMITED PERSONAL USE. DO NOT REPRODUCE OR SELL THE PATTERN, OR SELL ITEMS THAT ARE KNITTED FROM THIS
PATTERN. FIND MORE TUTORIALS & PATTERNS ON WWW.LAMAIISONRILILIE.COM
FOR ANY QUESTIONS, PLEASE CONTACT RILILIE AT RAVELRY OR AT KNITTINGTHERAPY@YMAIL.COM



PATTERN NOTES

These arm-warmers are like unattached sleeves that one can wear with all the short or ¾ sleeves that just don't cut it when the weather gets colder. The good thing about them is that they also double as fingerless gloves if worn very low on the hands!

They feature a big mirrored cable, with crisp and neat looking braids thanks to the hidden purl stitch in-between them. The rest of the armwarmers is worked in Stockinette stitch or simple k1,p1 ribbing.

Any smooth and highly twisted yarn is suitable for showing off the cables. In this sample 100% merino was used, which is an excellent choice for textured patterns.

This pattern uses a tubular cast on and bind off for a very neat looking finishing that has also extreme stretch. You can exchange this CO or BO with any other technique of your choice, just make sure that it is very very stretchy!

MATERIALS

YARN :

Lana Grossa Cool Wool Merino Big superfein (131 yards or 120m/50gr):

2 skeins Black (colourway 627) or approximately 80(95)gr, 210(250) yards or 192(228) m.

...or any other worsted weight yarn at 131 yards or 120m/50g, which gives you the proper gauge.

Please keep in mind that yardage is an estimate

NEEDLES :

3,5mm/US 4 DPNs or circular needles.

Adjust needle size if necessary to obtain the correct gauge.

OTHER :

tapestry needle, cable needle.

GAUGE

20sts and 24 rows in 10 cm/4" in Stocking stitch on 3,5mm/ US 4 needles, **after** blocking.



SIZING

Small: circumference 16cm/6.5 inches.

Large: circumference 20cm/8 inches.

Length for both sizes: 31,5cm/ 16 inches long.

The total length of each arm-warmer should reach up to the elbow when worn stretched.

Sizes given for **unworn** arm-warmers (unstretched).

The sample in the pictures is size S, worn with 2,5cm /1 inch negative ease.

Measure around the middle of your underarm to decide on sizing.

ABBREVIATIONS

CO: cast on	
st(s): stitch(es)	rnd(s): round(s)
k: knit	k2tog: knit 2 together
p: purl	BO: bind off
M1*: hidden increase: place left st from row below on left needle & work it, then work the st on top row.	St st: Stockinette stitch (in round: knit all rounds; back and forth: k RS rows, p WS rows)
C8B: Slip next 5 stitches to cable needle and hold in back; k4, then put last purl st from cable needle back onto left needle, purl it and k4 from cable needle.	C8F: Slip next 5 stitches to cable needle and hold in front; k4, then put last purl st from cable needle back onto left needle, purl it and k4 from cable needle.

*click on this link for help with hidden increase:

www.techknitting.blogspot.co.at/2007/05/very-nearly-invisible-increase.html



BOTH RIGHT AND LEFT ARMWARMERS:

With 3,5mm/ US 4 needles CO 40(48) sts in **TUBULAR CO** (follow this tutorial here: <http://youtu.be/SrOoX-pBwts>), your last CO st should be a purl stitch.

Row 1: *K1tbl, slip 1 st with yarn in front** repeat from *to** until end of row (knit into the back of the knit sts of CO and slip the purl sts).

Row 2-4: *K1, slip 1 st with yarn in front** repeat from *to** until end of rnd.

Distribute sts evenly on 4 DPN's or work magic loop if you use circular needles and join rnd.

RIBBING:

RND 5-19: *K1, p1** repeat from *to** until end of rnd. (15 rnds of ribbing).

RND 20: Increase 5(6) sts all around (M1 hidden increase in every 8th st): (K7, M1, k1), repeat to end of rnd.

You have 45(54)sts on your needles.

CABLE SECTION (You will need a cable needle for this section)

LEFT ARMWARMER:

RND 21-28: K12, p1, (k1,p1) twice, (k4, p1) twice, (k1, p1) twice, k to end.

RND 29: K12, p1, (k1,p1) twice, C8F, (p1, k1) twice, p1, k to end.

RIGHT ARMWARMER:

RND 21-28: K12, p1, (k1,p1) twice, (k4, p1) twice, (k1, p1) twice, k to end.

RND 29: K12, p1, (k1,p1) twice, C8B, (p1, k1) twice, p1, k to end.

Work the cable section (rnds 21-29) 6 times in total, over 54 rnds.

Note 1: Cabling happens on every 9th rnd: mark the cable-rnd you just worked with a safety pin. To find the next cable-rnd, you just need to "read your knitting" and work the next cable-rnd on the 9th row after the marked row.

Note 2: If you want longer or shorter armwarmers you can work more or less repetitions of the cable sections.

BOTH RIGHT AND LEFT ARMWARMERS:

RND 75-82: K12, p1, (k1,p1) twice, (k4, p1) twice, (k1, p1) twice, k to end. (8 rnds).

RIBBING:

RND 83: Decrease 5(6) sts all around (k2tog every 8th +9th st together), repeat to end of rnd.

You have 40(48)sts on your needles.

RND 84-98: *K1, p1** repeat from *to** until end of rnd. (15 rnds of ribbing).

RND 99: *K1, slip 1 st with yarn in front** repeat from *to** until end of rnd.

RND 100: *Slip 1 st with yarn in back, P1** repeat from *to** until end of rnd.

Repeat rnds 99-100, once more.

Leave a tail about 8 times the width of your work & cut yarn - thread it through a darning needle.

Work **TUBULAR BIND OFF**: follow either this tutorial here: <http://youtu.be/23uJSGokBDA> or another method here: www.techknitting.blogspot.gr/2008/01/tubular-cast-off-its-pretty.html.

Carefully sew the little gap at the start of the ribbing closed with tail end from tubular CO.



FINISHING

Sew in all ends,
Lightly block without
stretching the ribbed areas.